



**M.M. PUBLIC SCHOOL**  
**VASUDHA ENCLAVE, PITAMPURA, DELHI – 110034.**

**Ph. No. : 011-27351513, 27352701**

**Website [www.mmpublicschool.com](http://www.mmpublicschool.com)**

**MMPS/Circular/16/2019**

**Dated: - 06.07.2019**

### **Creating No Tobacco Zone around children**

We all want to be there for our children for as long as possible. Smoking can cut one's lifespan by almost 10 years. Perhaps a good reason for us to consider quitting

When your partner, a family member or a colleague smoke:

- It is important for both parents to be aware of the harmful effects of nicotine on children. Once you are aware you can share your learning with your family members and politely yet firmly request not to smoke in the presence of children.
- If you smoke, it is best avoided smoking when children are around. It is important to know that smoking even in different room does not ensure sufficient protection for your child. As it is rightly said, " Safety is not expensive but priceless."

**PRINCIPAL**