M.M. PUBLIC SCHOOL

VASUDHA ENCLAVE, PITAMPURA, DELHI – 110034.
Ph. No. 011-47506758, 41572587
Website: www.mmpublicschool.com

"Celebrating 58 Years of Excellence in Education"

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Anti-Bullying Initiative – Teaching Children to Handle Competition with Respect

Dear Parents

Greetings.

Competition is an important part of a child's school life, whether in sports, academics, cultural activities, or games. However, children may sometimes struggle to accept losing, react negatively to others' achievements, or make unkind remarks towards classmates who perform differently.

This month, we encourage parents to focus on developing **healthy sportsmanship and respect for others, irrespective of the outcome.**

What Parents Can Practise at Home:

- **Focus on effort rather than rank:** After a competition or examination, ask your child what they learnt instead of focusing only on whether they won.
- **Discourage mocking and comparisons:** Avoid comparing your child with siblings, cousins, or classmates, and discourage jokes made at another child's expense.
- **Teach gracious responses:** Practise phrases such as "Well played," "Congratulations," and "I'll try again next time."
- **Address poor reactions calmly:** If your child mocks a classmate after winning or blames others after losing, discuss the behaviour and its impact rather than dismissing it as harmless competitiveness.
- **Recognise respectful behaviour:** Appreciate your child when they encourage a teammate, congratulate a competitor, or accept a result gracefully.

October Family Challenge: Play a family game together and focus on congratulating the winner, accepting the result, and appreciating everyone's participation.

Let us help children understand that true achievement includes not only performing well, but also treating others with dignity and respect.

Thank you for your continued partnership.

Warm regards,

Mrs. Rooma Pathak
Principal
M.M. Public School