



M.M. PUBLIC SCHOOL

VASUDHA ENCLAVE, PITAMPURA, DELHI – 110034.

Ph. No. 011-47506758, 41572587

Website: www.mmpublicschool.com

"Celebrating 58 Years of Excellence in Education"

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Parenting Tip of the Month – Building Responsibility Through Everyday Habits

Dear Parents

Greetings.

One of the most valuable life skills children can develop is the ability to manage their responsibilities independently. When parents repeatedly remind children to pack their school bags, organise their belongings, complete assignments, or prepare for the next day, children may become dependent on constant supervision.

This month, we encourage parents to gradually shift from doing things for their children to helping them take ownership of their daily responsibilities.

Practical Tips for Parents:

- **Assign age-appropriate responsibilities:** Encourage children to pack their school bags, arrange their uniforms, organise their study spaces, and keep track of their belongings.
- **Use checklists instead of repeated reminders:** Create a simple evening checklist that your child can follow independently.
- **Allow natural consequences:** If your child forgets a non-essential item, help them reflect on how to avoid the same mistake next time rather than immediately taking over every task.
- **Avoid redoing every task:** Allow children to complete responsibilities in their own way, provided the result is safe and meets reasonable expectations.
- **Appreciate initiative:** Acknowledge when your child remembers a task or completes it without being prompted.
- **Review progress together:** Discuss what worked and what needs improvement at the end of each week without turning the conversation into criticism.

October Family Challenge: Let your child take complete responsibility for preparing their school bag and organising their belongings every evening for one week. Review the experience together at the end of the week.

The objective is not perfection, but progress towards independence, accountability, and confidence.

Thank you for your continued partnership.

Warm regards,

Mrs. Rooma Pathak
Principal

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