

M.M.Public School

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Insight

QUARTERLY NEWS LETTER

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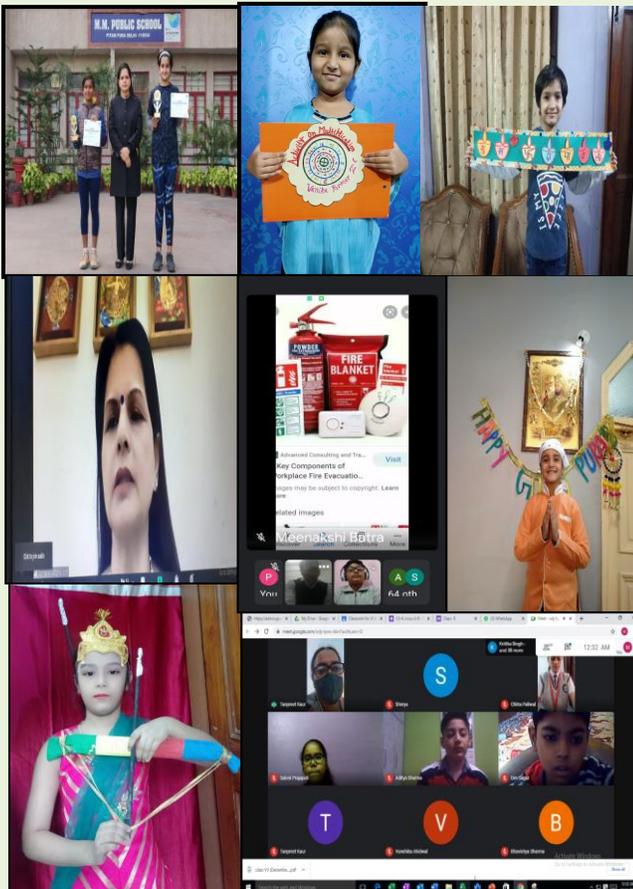
OCTOBER-DECEMBER, 2020

GLIMPSES

The official newsletter of M.M. PUBLIC SCHOOL

What's Inside

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Freedom of Expression

'Adolescence is a Transitional Stage of Life'

Adolescence is a transitional stage of life between childhood and adulthood during which you may experience a range of emotions. These are marked by physical, emotional, social and cognitive changes.



Your social relationships undergo many changes. These changes prepare adolescents for adult roles and responsibilities. This is the time when you deal with decisions about career, influence of peer, social media, lifestyle and relationships etc. Planning for life ahead can be difficult with the challenging and dynamic changing world. In order to enjoy this stage of life and emerge a responsible adult, it is imperative that you possess skills such as decision-making, assertiveness and goal-setting skills. Knowing your values, goal setting, evolving yourself each day, having a good role model to whom you always look up to and believing in yourself are few of the tips that would help you to be able to do that.

**Rooma Pathak, Principal,
MM Public School, Vasudha
Enclave, Pitampura**

Education is what remains after one has forgotten what one has learned in school” -Albert Einstein

It is a matter of privilege and honour that an article on the topic “Adolescence is a Transitional Stage of Life” penned down by our revered **Principal Madam Ms. Rooma Pathak** was published in Educational Column of prestigious newspaper The Hindustan Times on 19th December,2020

With educational accountability at the forefront in local communities, expectations from the educators guiding the development of adolescent personality becomes more crucial ,especially in the current scenario where the problems and anxieties of adolescents are growing day by day.

Indeed appreciable efforts of our Principal Ma'am Mrs. Rooma Pathak in providing guidance and suggestions to the readers about managing overall behavioral tendencies of adolescents

PLAUDIT



Revered Principal Madam, Mrs.

Rooma Pathak, was felicitated with

Appreciation Certificate for her active participation in the Guinness World Records™ attempt for the title “Most users to take an online Artificial Intelligence lesson in 24 hours” on October 13-14, 2020 and helped to set a new world record organized by Team AI for Youth Virtual Symposium.

IT GURU AWARD, 2020

“Leaders live by choice, not by accident.”

— Mark Gorman

In order to acknowledge the efforts and contributions of IT Teachers during these hard times, Edunext appreciated and motivated these IT Warriors with prestigious IT Guru Awards 2020.

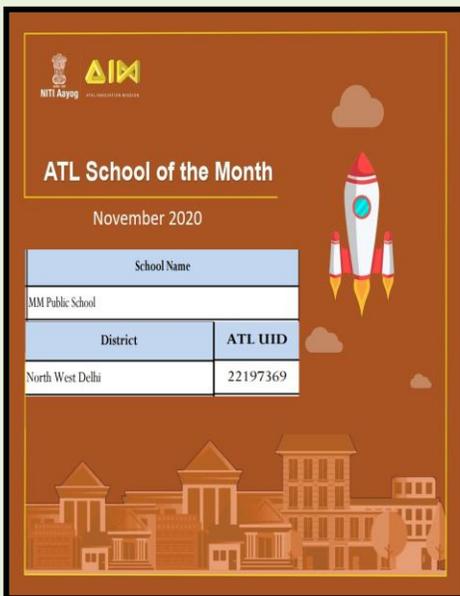
Mrs. Tarvinder Kaur, Senior Computer Science Teacher from MMPS has been selected among the best 2000+ participants from across India as the best IT warrior in India who worked hard and carried out the students learning, when whole world was worried about their personal well- being.

She was felicitated in the Online Award Ceremony on 28th December, 2020 under the benign presence of Dr. Antriksh Johri, Director (IT & Project) & Chief Information Security Officer, CBSE and Dr. ASHOK PANDEY (Director, Ahlcon Group of Schools) along-with other eminent education veterans.

School acknowledges the efforts by Education Warriors and wishes to keep doing good work and make India proud.



ACCLAMATION



MMPS is proud to announce that under the able guidance of our Madam Principal Ms. Rooma Pathak, our school has been selected as one of the top five schools of Delhi by NITI Aayog as **ATL school of the Month** for the month November, 2020.

No Pandemic can stop us from tinkering. The Management and ATL Mentors strive hard to inculcate the spirit of

innovation among students. Students participate with enthusiasm utilizing the Atal Tinkering Lab online platforms for mastering their innovation skills

ATL of the Month (November 2020)

Congratulations to the ATLs of the Month for every state! We are proud of you! To all the others and to the states that have an ATL selected: You could become an ATL of the Month next month too. All you need to do is keep updating the MyATL dashboard accurately and regularly with the documents as listed taking place every month. (Link: <https://www.atal.gov.in/atl/>)

S.N.	State	ATL UID	School Name	District
1	Andaman and Nicobar Island	16624626	Govt Secondary School Dairy Farm	South Andaman
		26263351	Mahati EM High School	West Godavari
		23701944	AP Model School Cherkattigalpetam	Guntur
2	Andhra Pradesh	31407331	Z.P.H School Dharmavaram	Vizianagaram
		303112419	Zilla Parishad High School	East Godavari
		23986216	Chattara Public School	Vishakhapatnam
3	Assam	89021441	Trivikramam Krishna Vidyalaya Joo	Lovers (Silchar)
		32975470	Govt Higher Secondary School Raipet	West Kamrup
		49993019	Laxmikanth Higher Secondary School	Dibrugarh
		47262773	Chinnamiah Tribal High School	Dibrugarh
4	Assam	97011230	Shankardev Vidy Niketan Hoozanghat	Karbi Anglong
		22844760	Jawahar Jyoti Higher Secondary School	Lakhimpur
		16083697	Tanta Abaniganj High School	Lakhimpur
		38093903	Zila School Gaya	Gaya
		10543084	Senior Secondary School Navrangpur Mungar	Munger (Mungers)
5	Bihar	87609478	Vidya Vihar Residential School	Purnia (Purnia)
		10443977	Swarna Mahila High School	Gaya
		10613113	Meharibai Sanskriti Chitra Nagan	Natar
		75639930	Government High School	Chandigarh
6	Chhattisgarh	24366498	Govind Global School	Chandigarh
		32071508	Government Model Senior Secondary School Sec-10 Chandigarh	Chandigarh
		71031311	Govt. Girls Higher Secondary School Kawardha	Kaberdham (Kawardha)
		12973471	Krishna Road	Durg
		24426891	Govt. H. Hood Donagor	Narajpur
		22041990	Savitri Higher Secondary School	Bilaspur
		80521228	J.H.S School Anulapuri	Burgula
		23953070	MMPS	
8	Dadra and Nagar Haveli	79633070	Govt. Secondary School Khantol Marathi Medium	Dadra & Nagar Haveli
		19622180	DAV Public School	North West Delhi
		12112609	Shri. Jyoti Public School	South West Delhi
		10564576	Minerva Public School	West Delhi
		10707122	Vidya Vihar International School For Girls	South West Delhi
		22197369	MM Public School	North West Delhi
10	Kerala	82620000	Government Model Senior Secondary School	Thiruvananthapuram

WALL OF GLORY

Jivansh Goel of Grade VIII bagged the third position in Junior Category in an **Inter-School Competition of Photography** with the theme “Life and lifestyle during Covid-19” that was organized by Bosco Public School, Paschim Vihar on 19th December,2020.

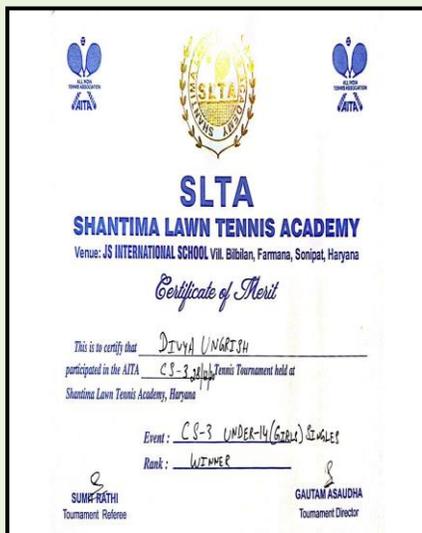


ACHIEVEMENT AT DISTRICT LEVEL

Gourav Setia of Grade XII stood first at **District Level in North West -B Delhi** for showcasing his marvelous skill in the project making on 2D, 3D, Indigenous Toys & Games Competition held during the last week of November, 2020 His project using the waste material into an attractive Tractor Trolley was praiseworthy and won appreciation by the judges. In doing so, he learned to be more creative with everyday items that are considered waste.



ACHIEVEMENT IN SPORTS



A proud moment for **Divya Ungrish** of class VII to win **Finals Aita CS 3 Lawn Tennis Tournament in Under-14 Girls Singles** category at Shantimaa Lawn Tennis Academy, JS International School, Haryana.



VIRTUAL CELEBRATIONS

SMT. KRISHNA PATHAK, AN INTER-SCHOOL PAINTING AND CRAFT COMPETITION

Art has power to reveal the truth and change the mindset of the community. It is also a key component of school education as children are the future of the nation. In the memory of our esteemed founder, Late Smt. Krishna Pathak, an Inter-School Painting and Craft Competition was organized in first week of December 2020 at a virtual platform. More than 4400 students from 164 schools from Delhi and NCR painted their imagination on different topics like Cyber Security, Plastic Free World etc. The young painters also participated in craft making, graffiti, collage making, mask making etc. The multi-skilled and adept scholars from different schools left one and all spell-bound with their talent and creativity.

Our Revered Principal Madam Ms. Rooma Pathak expressed gratefulness to all the participants for showing their enthusiasm and zeal in making this event a grand success. Thus, our esteemed late founder Smt. Krishna Pathak was paid token of respect and tribute by our revered Director Sir Shri Somesh Rishi Pathak and esteemed Principal Ma'am Mrs. Rooma Pathak



SMT. KRISHNA PATHAK MEMORIAL SIXTEENTH INTER-SCHOOL PAINTING AND CRAFT COMPETITION

"Art has the role in education of helping children become like themselves instead of more like everyone else."

-Sydney Gurewitz Clemens

It gives me immense pleasure to inform you that M.M. Public School is organizing 'Smt. Krishna Pathak Memorial Sixteenth Inter-School Painting and Craft Competition' on a virtual platform.

I appreciate the schools that have been participating in this event for the past 15 years. Keeping in view, the current Pandemic situation, I invite the students of your school to participate in this Competition with full zeal. The list of the events as well as the rules and regulations for the same are enclosed herewith. Looking forward to your enthusiastic participation in making this attempt a great success.

(Convener)
MRS. ROOMA PATHAK
Principal

NATIONAL MATHEMATICS WEEK

The only way to learn Mathematics is to do Mathematics. To commemorate the birth anniversary of great Mathematician **Srinivasa Ramanujan**,

National Mathematics Day was celebrated virtually. Students from Grade II to V enthusiastically participated in the Online Exhibition and made wonderful models, Mathematical games, puzzles, riddles etc.



SWACHHATA PAKHWADA WEEK

To develop a sense of responsibility in cleaning and protecting the environment for the betterment of society **Swachhata Pakhwada Week** was observed from 2nd October to 9th October. Students performed activities like keeping their homes, neighborhood clean, handwashing and making the environment plastic free.



NATIONAL ENERGY CONSERVATION DAY

To raise awareness regarding Climate Change, Global Warming and Saving Energy resources, an activity was organized on 14th Dec 2020 at a virtual platform. The students were shown PPTs and videos on ways to conserve energy. They were also shown the **Solar Panels** that are installed in our school. During this session the students made reminder cards with some quotes and messages to encourage conservation of energy. New games were prepared by the students wherein they showed their intellect by telling how to conserve energy.



INVESTITURE CEREMONY

“Positive leaders only empower people to accomplish their goals.”

It was momentous ceremonial occasion when students as torch bearers of discipline and dedication were sworn in as devoted leaders in a virtual **Investiture Ceremony** on 8 October 2020 with full zeal & zest and enthusiasm. **Principal Ma'am Mrs. Rooma Pathak** entrusted hope, faith and the mantle of responsibility in the newly appointed School Cabinet and guided the Student Council Members to be the role models and render their responsibilities sincerely as the nation builders of tomorrow. **Head Boy Tanuj Goel, Head Girl Jasika Anand** from class XII along with other newly elected charge leaders, were conferred with sashes by their parents on virtual platform. The House Captains, Vice Captains, Class Captains were also felicitated with badges by their proud parents.

The newly formed Cabinet spoke few words of gratification to **Director Sir Mr. Somesh Rishi Pathak and Principal Ma'am Mrs. Rooma Pathak** for entrusting faith in them. They also committed to live up to their expectations.

Then the Ceremony culminated with National Anthem followed by vote of thanks to all the parents. Thus, the virtual Investiture Ceremony was able to impart the message.



FIT INDIA WEEK



Awareness of fitness of body, mind and soul was instilled in an entirely new fashion through a Virtual Celebration of various digital activities under **Fit India School Week**, 2020 during the first week of December.

The MMPians participated in online exercises like Aerobics, Yoga, Rope Skipping etc. They also wrote poems, essays, made posters and participated in quizzes

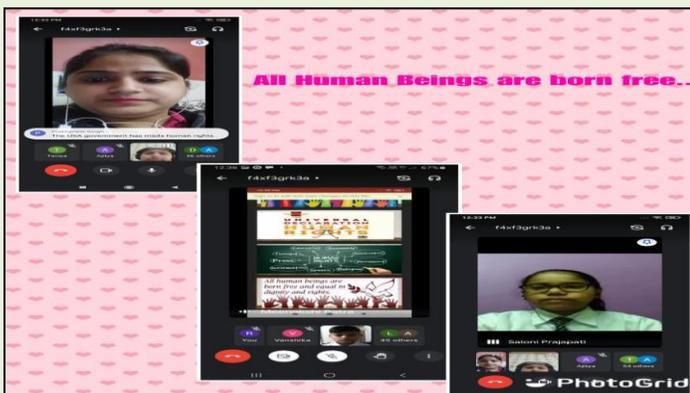


Human Rights Day

“All human beings are born free and equal in dignity and rights.”

To celebrate the **Human Rights Day**, a virtual session was organized on December 10, 2020 for the students of Grades VII & VIII in which the teacher discussed the importance of fundamental rights in the life of every human being.

The UDHR is a milestone document that proclaims the inalienable rights which everyone is entitled to as a human being - regardless of race, color, religion, sex, language, political or other opinion, national or social origin, property, birth or other status.



ROLEPLAY



To develop the communicational and theatricals skills among the students, an activity was conducted for Grade VIII on December 05 2020 wherein students enacted the characters from Chapter- 9

Women, Caste and Reform of History.

They dressed up like Dr. Bheem Rao Ambedkar, Swami Vivekanand, Pandita Ramabai, etc. They also spoke dialogues of the concerned persons.



INTERNATIONAL VOLUNTEER DAY



“The best way to find yourself is to lose yourself in the service of others.” — Mahatma Gandhi

To promote volunteerism towards **‘Education of All’**, an activity was conducted for Grades VI to IX on December 5,2020.

The students volunteered themselves in helping out their siblings, parents and grandparents by teaching them with the latest technology that has become a need of the hour. They enjoyed guiding them and felt a sense of responsibility.

The National Pollution Control Day



The National Pollution Control Day is celebrated every year on 2nd of December in India in order to give the honor and recall thousands of human beings who had lost their existence because of the **Bhopal Gas Tragedy**.

On this eloquent note, National Pollution Control Day was celebrated by the students. Teachers shared videos and Power Point presentations to make students aware about the manmade hazards. The objective behind the observance of this day was

to become aware how the daily acts of humans results in the surge of pollution, so that we can try to reduce them. Discussion about causes of pollution, types of pollutions and its effects was the focus of sensitization during the commemoration of Bhopal Gas Tragedy. Students pledged to save Mother Earth.

World Aids Day

“Prevention is better than cure. Especially when something has no cure”

World Aids Day is observed on 1st December every year to create awareness about the symptoms, causes and preventive methods of the pandemic disease HIV/AIDS that can be fatal to take unprecedented number of lives.

To sensitize the students about this Syndrome, students made posters and explained how the killer virus plays havoc with the immune system and takes the patients to the threshold of death. They also urged that patients suffering from the disease must not be victimized and discriminated against in the society.



Childrens' Day

"Children are the world's most valuable resources and the best HOPE for the FUTURE."

Every year **Children's Day** is celebrated across India in the memory of our first Prime Minister Pt. Jawahar Lal Nehru whose immense love for children is known world-wide.

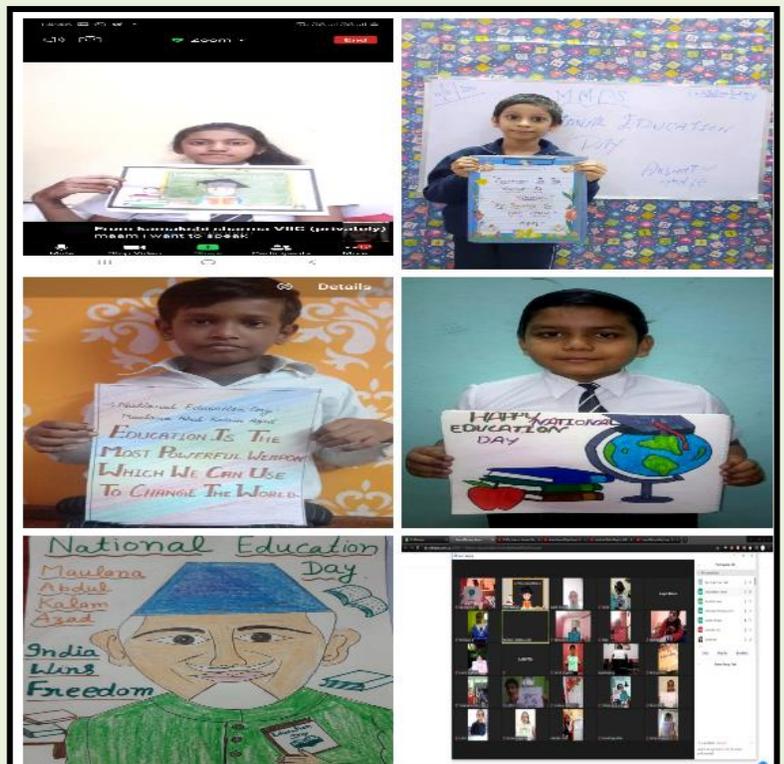
The formal program started with a speech on Pt. Jawaharlal Nehru followed by songs, poem recitation and fun activities. The children enjoyed and laughed their hearts out when they saw a funny documentary online.



Birth Anniversary of Abul Kalam Azad

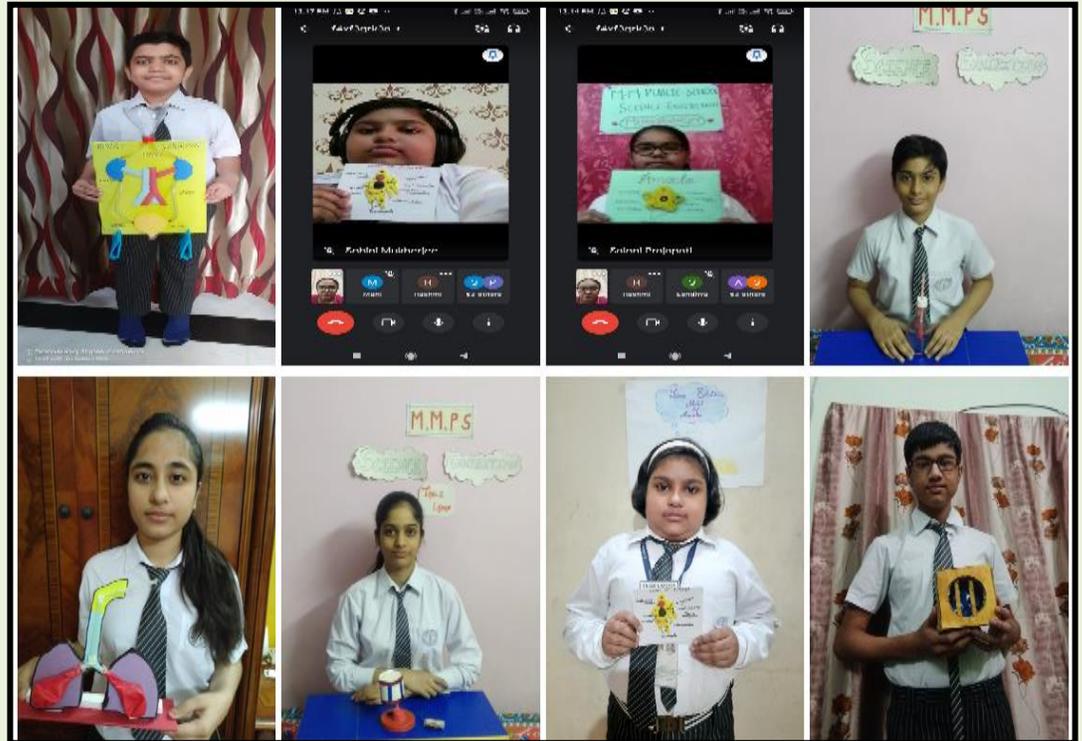
To commemorate the birth anniversary of **Abul Kalam Azad, a great freedom fighter**, an eminent educationist and the first Education Minister post-independence, a session was conducted on 11th November, 2020 on a digital platform. Abul Kalam's documentary was shown to the students wherein the students learned about the life of Kalam who served the nation from 1947 to 1958, and improved the literacy rate during his period.

The students wrote essays, slogans and made posters on the importance of education and the Nation's commitment to all aspects of education. The educators and learners together spoke on the importance of education in a child's life.

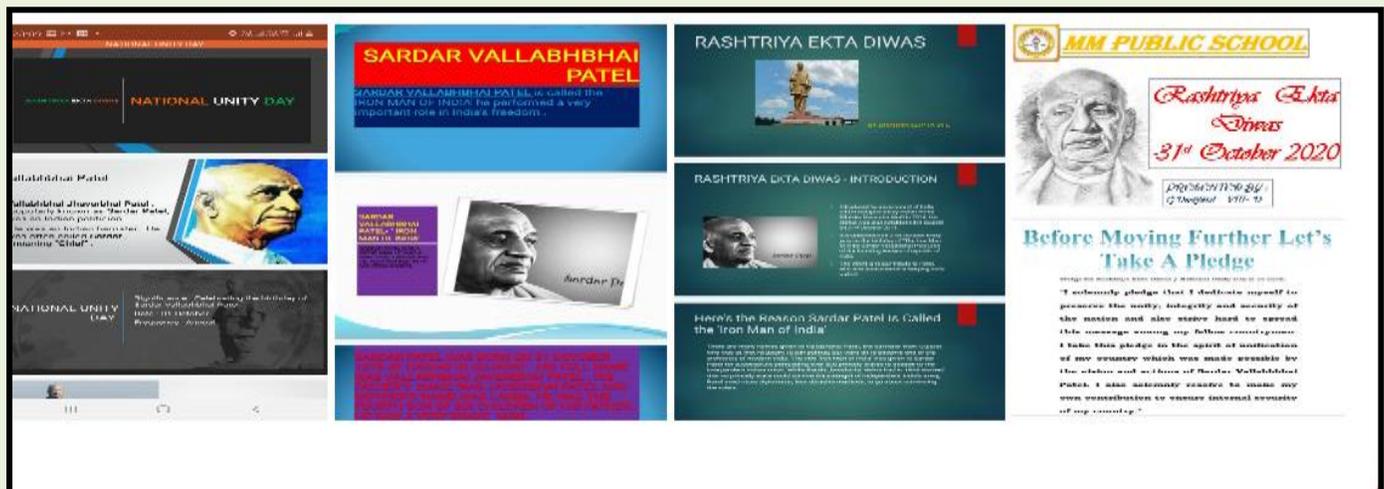


Virtual Science Exhibition

To inculcate a **scientific and research attitude**, a science exhibition was held by the students of Grade VI to IX on 10th November, 2020. The students prepared the static as well as working models like electric lamps, human lungs, kidneys, smart city, volcano etc. which can be used for learning various scientific concepts.



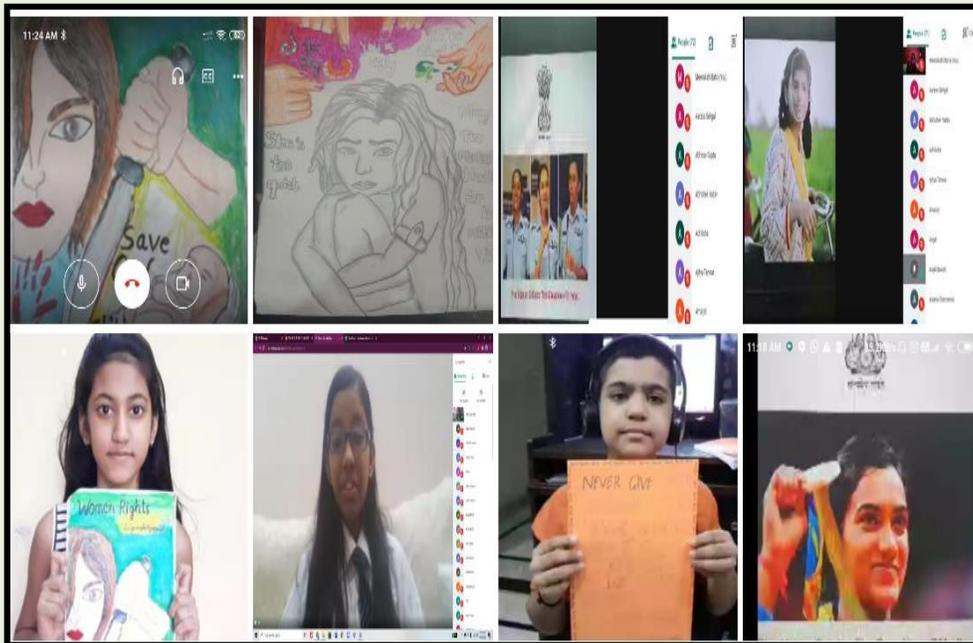
RASHTRIYA EKTA DIWAS



To commemorate the birth anniversary of **Sardar Vallabhbhai Patel** who played a major role in the integration of India, 31 October was observed as Unity Day.

The students offered tribute to Sardar Patel by making PPT and film on the life of Sardar Patel. A documentary was shown to the students reflecting the contribution of Sardar Patel in uniting India despite several hurdles. Students also resolved that they always stand to ensure the unity, integrity and security of the nation.

INTERNATIONAL GIRL CHILD DAY

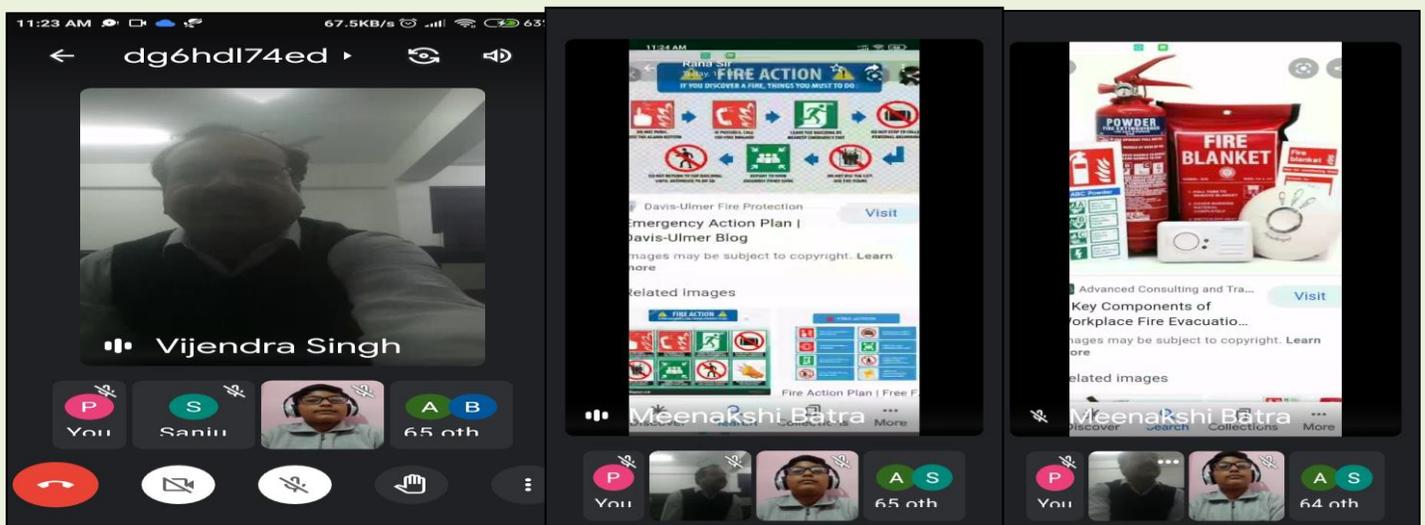


To increase awareness of Gender Inequality faced by girls worldwide, the school celebrated **Girl Child Day** virtually on 9th October, 2020 wherein the students of Grade VI to IX performed various activities like poster making, slogan writing and poem recitation. A documentary on empowering girls was also shown to the students. A pledge was taken to ensure that all girls have access to quality education and a dignified life.

VIRTUAL MOCK DRILL

To educate and train the students for an unforeseen emergency situation like fire, the school conducted a mock exercise and evacuation drill on November 25, 2020 on a virtual platform.

A demonstration of using fire safety equipment was conducted by the experts from the **Department of Fire and Emergency Services** in the documentary online, to sensitize the staff and students about life saving and rescue techniques in case of fire. The objective of the exercise was to create awareness among the students of fire -fighting techniques and the ways to respond swiftly in times of such emergency situations. Mock safety drills and safety procedures to be adopted were explained to the students and staff members.



DIWALI CELEBRATION

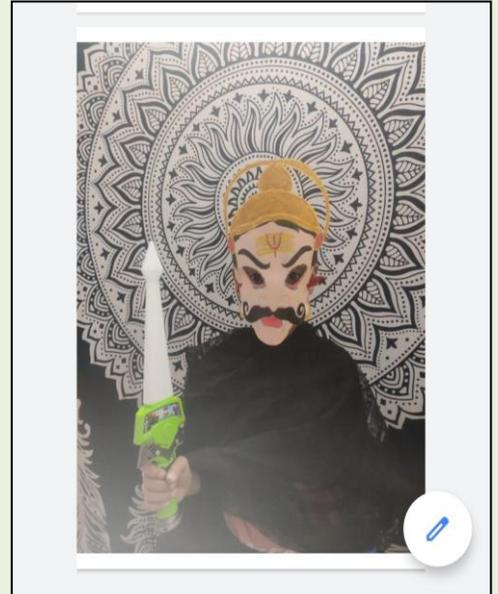


'This Diwali let us give thanks for all we hold dear: our health, our family, our friends and to the grace of God which never ends.'

The school celebrated **Diwali** for students on a digital platform on 14th November, 2020 with devotion and religious zeal. An assembly was organized in which students emphasized on the urge for them to act responsibly and be sensitive towards the essence of their environment and safety of animals. Speakers apprised the audience about the adverse effects of fireworks. They promoted the use of eco-friendly colors for making 'Rangoli'. The stunning designs of rangoli were alluring and fascinated the spectators. Candles, Diya, Thali Decoration and colorful Wall Hangings prepared by the students were also brilliant attractions of the session.

The session ended with a speech by the Principal Madam Ms. Rooma Pathak who expressed her deep concern about the environment and advised the students to celebrate Green Diwali.

Dussehra



“May all the tensions in your life burn along with the effigy of Ravana. May you be satisfied and happy.”

Let's celebrate the victory of Good over Evil. The Virtual celebration of **Dussehra** was a time of great enthusiasm for MMPians. The session began with a prayer and a message for the festival. This was followed by a cultural program which included speeches, role plays, songs and dances. The students enthralled the audience with their spectacular performances.

The students also made bows & arrows, masks, crowns, puppets and sketches of Ravana. Students also prepared a Power Point Presentation depicting the life of Lord Ram and how the pride of an intelligent person like Ravanna be a cause of his down fall.



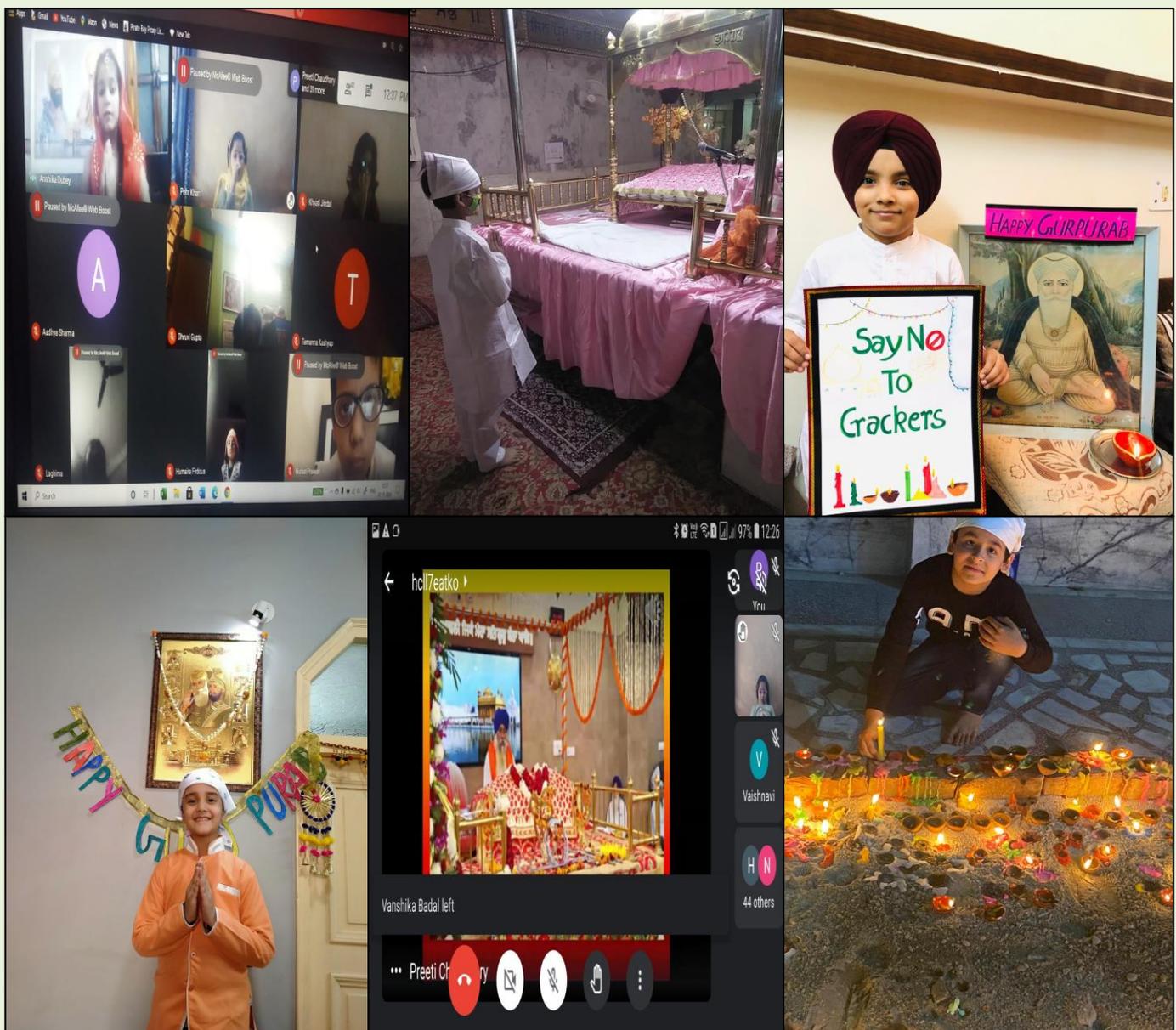
Gurupurab

"God is one, but he has innumerable forms. He is the creator of all and he himself takes the human form."

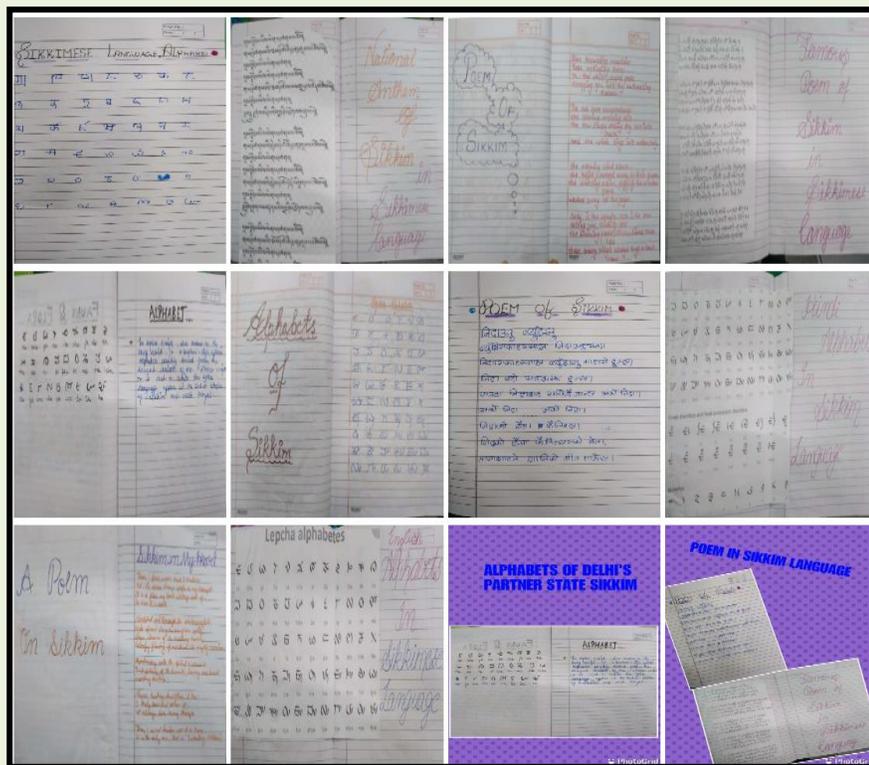
Guru Nanak Dev ji was the first of the ten Sikh gurus and the founder of Sikhism. His birth anniversary is observed as **"Gurupurab"** across the globe. Guru Nanak travelled widely to spread the message of oneness and compassion.

Students celebrated Gurupurab with great devotion and spiritual spirit. Serenity and calmness floated all around with the beautiful humming of the shabads. The celebration was commenced by briefing the students about the life history and teachings of Guru Nanak Dev ji by their teachers. Students visited Gurudwara sahib virtually to take the blessings of Guru Nanak Dev ji. They watched a short movie on Gurunanak Dev ji teachings.

An environment of holiness was created and the ethos with which the celebration was organised was fulfilled.



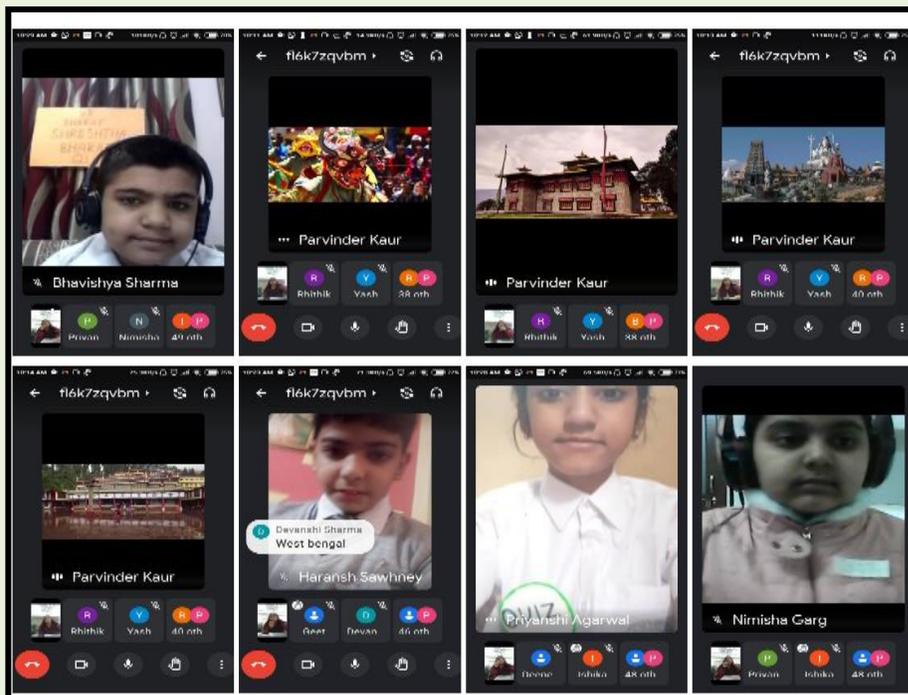
Ek Bharat Shreshth Bharat Activity



To promote academic exchange with the partner state Sikkim under **#EkBharatShresthaBharat**, a webinar was organized for students of Pandim Club to learn Lepcha script (also known as Rong Language) of Sikkim. The students learned the phonology, grammar features and some vocabulary. Further, they wrote the alphabets, words and then poems in Lepcha language. This initiative proved that language is the roadmap of a culture and also a second soul.

As a part of **#EkBharatShresthaBharat** celebration, a quiz was organized for the students of Grade VI on 18th December, 2020.

The students were shown a documentary on the flora, fauna, economy, infrastructure and climate of Sikkim state. Then a quiz was organized wherein students participated wholeheartedly. The activity not only proved a brain storming but made them more confident.



LEARNING WHILE DOING

FRUIT KABAB AND TECHNOLOGY GADGET ACTIVITY



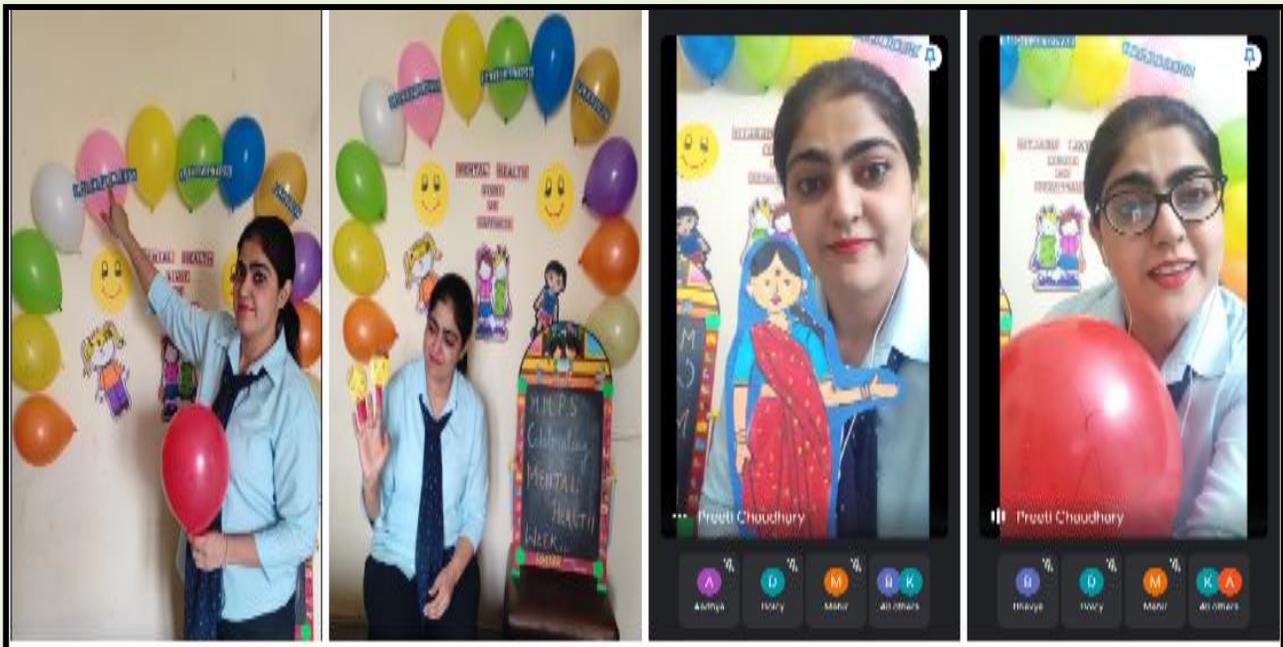
DIWALI CELEBRATION



CHRISTMAS CELEBRATION



STORY TELLING-MENTAL HEALTH



WEBINARS @ MMPS

Polymers on the Move

To create awareness about usage of novel methods of recycling of plastic and its widespread application, an interactive session on 'Polymers on the Move' was conducted for Grades VI to VIII on December 2, 2020 at the digital platform.

The resource persons made everyone aware about Bourouge's plastics solutions, their novel packaging plastic material and how the students can recycle the plastic waste at homes. They showed the printed nomenclature over plastic products and told which all are the most dangerous. The session was followed by a quiz and all students actively participated in it.

The resource persons were thanked for imparting their valuable information about plastic waste and the winners of the related quiz were congratulated. The students promised to become responsible and implement their ideas to make the least possible use of plastic and follow the tips shared by them.



Indian Navy Day

"We are safe because we have our navy keeping us protected each and every moment.... Salute to our Navy and best wishes on Indian Navy Day"

To generate awareness and instill the value of patriotism among students, a Motivational Talk on Significance of Indian Navy and different career options that this great section of army offers was organized on December 8, 2020 at a virtual platform during celebration of Indian Navy Week.

Lt. Commander Balu B. highlighted various career opportunities that Indian Navy offers. He also shared information regarding various functions and life- style of Indian Navy through an inspiring video. The session was followed by a question- answer round where Lt. Commander Balu B. answered queries raised by students which proved to be highly informative and educative to students.



WORKSHOPS

PROGRAM NAME	TOPIC NAME	NAME OF ORGANISATION
CAPACITY BUILDING PROGRAMME	ENHANCING LIFE SKILL-PROBLEM SOLVING	CBSE
CAPACITY BUILDING PROGRAMME	STRESS MANAGEMENT-STRESS AND BURNOUT	CBSE
CAPACITY BUILDING PROGRAMME	STRESS MANAGEMENT-STRESS AND BURNOUT	CBSE
CAPACITY BUILDING PROGRAMME	ENHANCING LIFESKILL-EFFECTIVE COMMUNICATION	CBSE
CAPACITY BUILDING PROGRAMME	UNDERSTANDING CLASSROOM MANAGEMENT AND ITS COMPONENTS	CBSE
CAPACITY BUILDING PROGRAMME	ENHANCING LIFE SKILL-PROBLEM SOLVING	CBSE
CAPACITY BUILDING PROGRAMME	STRESS AND BURNOUT	CBSE

NEWS CLIPPING

